

# We Want to Help!

## Food 2 Ways!

### Pantry Shopping

Our shelves are stocked with fresh produce, meat, dairy products, canned goods, bread and personal care items and we've taken all CDC precautions to keep you safe.



- Shop in person and choose your food.
- Volunteers available to answer questions.
- Only ONE shopper per family allowed in the building. No children, please. For safety, the Children's Waiting Area remains closed.
- TEFAP is available when shopping in the pantry.
- **New to pantry shopping? Please bring a piece of mail dated within the last 30 days and a photo ID.**

### Drive/Walk-Up Food Boxes



If you are unable or prefer not to shop in the pantry, you can drive up or walk up and pick up food boxes

- Selection varies daily.
- As available, food boxes include fresh produce, canned and boxed goods, meat and milk.
- TEFAP is NOT available for box pick up.

### Pantry and Food Box Hours

Mon, Tue and Fri: 12:00 - 3:45 pm

Wed: 12:00 - 5:45 pm

Thu: 10:00 am - 3:45 pm

### Upcoming Events and Closures

- Dec 9 - CLOSED for TEFAP delivery
- Dec 16 - Senior box distribution from 9-11 am
- Dec 24 - CLOSED
- Dec 25 - CLOSED Merry Christmas!
- Jan 1 - CLOSED Happy New Year!

## Rent & Utility Assistance

Worried about paying rent or utility bills? Need help applying for SNAP, Medicaid or other benefits? Have another emergency?



If you live in our service area\*, we can help. **BY APPOINTMENT ONLY.** To make an appointment for one-on-one assistance, contact:

Gretchen  
720-437-6388  
gparker@cotable.org

Tina  
720-437-6399  
tdrew@cotable.org

## Severe Weather Shelter Network

We are a registration site for the Severe Weather Shelter Network that provides shelter for people without children living on the streets on life-threatening winter nights. Shelter sites are available from October 1 to April 30 when overnight temperatures are 32 degrees or colder and wet, or 20 degrees or colder and dry.



Anyone interested in having access to Network shelter sites for the season must preregister in person. As a registration site, we can assist you with the screening and registration process. And we can provide information and resources to help you in moving toward a safer and more stable living situation.

To register for the Severe Weather Shelter Network at Community Table: schedule a morning appointment by calling 720-437-6399 or emailing tdrew@cotable.org, or walk-in during afternoon pantry hours and ask for Tina or Gretchen.

**8555 West 57th Avenue  
Arvada, CO 80002**

**303-424-6685  
info@cotable.org**

**cotable.org**

\*Our service area includes all of Arvada and Wheat Ridge and other communities in Northern Jefferson County within these boundaries: Highway 93 to the west, Sheridan Boulevard to the east, 26th Avenue to the south and 120th Avenue to the north.