Overview

Exciting changes are coming to the CSFP Food Package in November 2019!

- The photos on the next page show samples of the current food package and the enhanced food package once these changes go into effect.

- The following pages provide a side-by-side comparison of each category showing examples of different food combinations, but not all potential combinations.

- See the side-by-side comparison chart in the CSFP Food Package Toolkit for written notes on these changes.
CSFP Food Package

• Until October 31

• Starting November 1
Fruits

• Until October 31

• Starting November 1

Raisins will also be a fruit option, depending on market availability.
Vegetables

• Until October 31

• Starting November 1

OR

Dehydrated potatoes are being reintroduced.
Milk

• Until October 31

Nonfat dry milk is distributed bi-monthly.

• Starting November 1

OR
Cheese

- Until October 31

- Starting November 1
Protein

- Until October 31
- Starting November 1

OR

OR

USDA Foods CSFP
Plant-Based Protein

• Until October 31

• Starting November 1

OR

Canned beans are new. Dry beans are now 1 lb. to allow for greater variety.
Cereal

• Until October 31

• Starting November 1

Oats are now 18 oz. to allow for greater variety.
Grains

• Until October 31

• Starting November 1

OR

Brown rice is new.
Rice is now 1 lb. to allow for greater variety.